# Body care & mini-pedicure Home care recommendations

### **BODY SCRUB GLOVE**

Removes dead skin cells and helps prevent ingrown hairs.

Promotes cellular regeneration, smooths, and refines skin texture.

Unclogs pores from impurities and improves microcirculation to enhance toxin elimination.

Exfoliate the body by massaging in circular motions with the mitt 2 to 3 times a week on damp skin, then apply a moisturizing cream.





## **GEHWOL FUSSKRAFT** herbal foot soak

Formula with essential oils of alpine pine, rosemary and lavender that softens calluses, corns, and rough patches.

- Ideal for rough and cracked feet (cracks and chapped skin)
- Intensively cleanses, provides a cooling sensation and prevents fungal infections
- Neutralizes perspiration and eliminates unpleasant odors

*Instruction for use* Pour the contents of the sachet into about 3 liters of hot water. Soak your feet for 10-15 minutes.



# **GEHWOL SOFT FEET SCRUB feet & legs**

Gently and deeply removes dead skin cells, providing a feeling of renewal and smoothing the surface. Bamboo granules and jojoba wax stimulate circulation. Avocado oil and honey extract nourish the skin by providing essential substances; vitamin E protects and promotes skin health.

**Instruction for use** Apply the scrub to the damp skin of the feet and legs, massage in circular motions, and rinse.



### **GEHWOL FUSSKRAFT BLUE foot cream**

A rich and moisturizing formula with aloe vera, urea, and natural lanolin that leaves the skin of the feet visibly softer and smoother.

Natural essential oils of rosemary, mountain pine and lavender invigorate while protecting against fungal infections and itching.

*Instruction for use* Apply daily to the feet, distribute evenly between the toes, and gently massage to allow absorption.