

Manicure : Seasonal Fusion + UV Gel Polish



1. Preparation of the workstation.
2. Reception, installation, consultation and explanations of your model.
3. Disinfect hands.

Left hand

4. Cut and/or file the free edge.
5. Apply **Cuticle-Off** Cuticle Emollient.

Right hand

6. Cut and/or file the free edge.
7. Apply **Cuticle-Off** Cuticle Emollient.

Left hand

8. Push back cuticles and clean free edges.
9. Lightly sand the nail plate (remove the natural shine) using the 180-grit banana file.
10. Remove all excess dust using the dust duster.

Right hand

11. Push back cuticles and clean free edges.
12. Lightly sand the nail plate (remove the natural shine) using the 180-grit banana file.
13. Remove all excess dust using the dust duster.

Left hand

14. Apply **Acid Free Primer** to the entire nail (does not require drying under the UV lamp).
15. Apply the **Bond** only to the free edge (does not require drying under the UV lamp).
16. Apply the **Base Gloss** base coat (2 in 1 base and finish) over the entire nail (apply in a very thin layer avoiding touching the skin).
17. Place the nails of the left hand under the lamp (**2 minutes** 36-watt lamp or **1 minute** LED lamp).

Right hand

18. Apply **Acid Free Primer** to the entire nail (does not require drying under the UV lamp).
19. Apply the **Bond** only to the free edge (does not require drying under the UV lamp).
20. Apply the **Base Gloss** base coat (2 in 1 base and finish) over the entire nail (apply in a very thin layer avoiding touching the skin).
21. Place the nails of the right hand under the lamp (**2 minutes** 36-watt lamp or **1 minute** LED lamp).

Left hand, then right hand (application of red color on 9 nails + unique pattern representing a season on ONE ring finger)

22. Apply, in a very thin (translucent) layer, the 1st layer of **red color**.
23. Place under the lamp (**1 minute** 36-watt lamp or **45 seconds** LED lamp).
24. Apply, in a very thin layer, the **2nd layer** of **red color** (so that it is opaque).
25. Place under the lamp (**1 minute** 36-watt lamp or **45 seconds** LED lamp).

Left hand, then right hand (application of topcoat on all 10 nails)

26. Apply the **Base Gloss** top coat (2 in 1 base and top coat) to the entire nail (applied in layers very thin avoiding touching the skin and perfectly sealing the free edge).
27. Place under the lamp (**2 minutes** 36-watt lamp or **1 minute** LED lamp).
28. Soak a lint-free 2x2 with **Finish Solution** and run over the entire nail to remove the stickiness.
29. Apply and massage the **Lemongrass & Green Tea Sugar Scrub** onto hands and arms then remove without leaving any residue.
30. One side at a time, apply the **Lemongrass & Green Tea Mask** evenly using a brush to cover all parts of the hand and arm (up to the elbow). Place your hand in a protective plastic bag, then wrap your hand and arm with a towel to keep warm.
31. Leave for 8 to 10 minutes then remove without leaving any residue.
32. Perform a 12-step hand and arm massage with the **Lemongrass & Green Tea Massage Cream** then remove without leaving any residue to prepare the hand and arm for the creation of the unique pattern following the pattern created on the ring finger.
33. Creation of a pattern on the hand and arm following the season chosen for the ring finger. *****for this stage of drawing on the hand and forearm, no materials are provided at the Olympics, you must bring your own products and accessories (paint, makeup, brushes, etc.)**
34. Announce the end of the treatment
*****Give the client: nail files + block + gift bag including: 10ml mango oil + sachet of moisturizing treatment gloves + sachet of hand cream + fast foil (pre-soaked sachet with acetone which will allow you to remove the UV gel polish at home) + Home care recommendations sheet.**
35. Escort the client to the exit area with all their belongings while thanking them.
36. Proceed to clean the workstation.

-----REMINDER DRYING TIME UNDER THE LAMP-----

Base Gloss 2 in 1 base and finish (**2 minutes** 36-watt lamp or **1 minute** LED lamp)
Color (**1 minute** 36-watt lamp or **45 seconds** LED lamp)

-----REMOVE U.V. GEL POLISH (FOR INFORMATION ONLY)-----

REMOVAL OF U.V. GEL POLISH WILL NOT BE DONE DURING THE OLYMPIAD COMPETITION

1. Lightly file the glossy layer using a white block (so that the acetone can penetrate and peel off)
2. Soak a 2x2 with acetone or solvent, place on the nail, wrap with aluminum foil ///also available: **fast foil** (single-dose aluminum sachet pre-soaked in acetone) and cover with a heat source (7 to 10 minutes) (electric mitt / magic bag, etc.)
3. Remove the foil and the 2x2, using a cuticle pusher spoon, scrape off the gel that will fall into pancake

******* 2nd option, when applying UV gel polish, replace the *Base Gloss* base coat step with the **Ecotech Base Gloss** which acts as a peelable base (will allow the client, from a few days to 1 week after application, lightly scrape and peel the UV gel varnish) /// Use **Ecotech Base Gloss** only as a base coat, keep the regular **Base Gloss** for the topcoat.